



Below are the most commonly asked medical questions in a few seasonally-relevant topics. We hope you find this helpful. **Please note: to properly diagnose your medical condition, it is necessary that you consult with a physician. If you are in need of a primary care provider, please call (812) 332-4468. If you are experiencing a medical emergency, call 9-1-1.**

Breast Cancer Awareness

What is breast cancer?

Breast cancer is a malignant tumor that grows in the cells of the breast.

What are some risk factors for breast cancer?

While no one knows for sure what causes breast cancer, some factors such as smoking, drinking, diet, age, race, and family history have been linked to the disease.

Can breast cancer be prevented?

There is no fail-proof way to prevent breast cancer, however there are many things you can do to reduce your risk. These include limiting your alcohol intake, exercising regularly, and maintaining a healthy weight.

When and how often should I get a mammogram to screen for breast cancer?

There are many different opinions on this issue, but the American Cancer Society strongly recommends that women age 40 and older get a yearly mammogram.

What is a mammogram?

A mammogram is an x-ray of the breast. Mammograms can be done routinely to screen for breast cancer, or to diagnose any abnormalities found in the breast.

How is breast cancer treated?

There are many options for the treatment of breast cancer, depending on the individual. The most common forms of treatment include surgery, radiation therapy, chemotherapy, and hormone therapy. Your doctor will work with you to find the best possible treatment for your individual situation.

To learn more, and to see a complete listing of information, please follow the link below:

<http://www.cancer.org/Cancer/BreastCancer/OverviewGuide/index>